



October 26-November 1, 2015
Cycle 6

Food portions at breakfast and lunch will be served as required by the
Healthy Hunger-Free Kids Act of 2010.

For more information, please visit the FNS website:
<http://www.fns.usda.gov/cnd/governance/legislation/nutritionstandards.htm>



****Please note: Items are subject to change based on availability without prior notice****

Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31	Sun 1
WG apple jacks or WW bagel Pineapple Orange juice Hard cooked egg Milk (cream cheese)	WW tortilla or WW toast Banana Apple juice Scrambled eggs w/ chorizo Milk (salsa)	WG biscuit or WW toast Peaches Orangerine juice Sausage gravy Milk	WW bagel or WW english muffin Pears Berry juice Sausage patty Milk (cream cheese)	WW tortilla or WW toast Mandarin orange sections Fruit punch Scrambled eggs with potatoes Milk (salsa)		
DD WG cheese pizza or DD WG veggie pizza Orange slaw Fruit rollup Milk	Hamburger on WW bun or Cheeseburger on WW bun or Twister fries Caesar salad Seasonal fruit Milk (lettuce/tomato slices/onion slices)	Roastbeef on WW bun or Hotdog w/ chili con carne on WW bun Baked beans Carrot coins Sidekicks BR/L Milk (cheese sauce)	Nacho bar (tortilla chips/taco meat/lettuce/cheese sauce/ salsa/sour cream/jalapeno slices/olive slices) Seasoned pinto beans Strawberry gushers Milk	WW grilled cheese or WW grilled cheese w/ ham Tomato soup Spinach mandarin orange salad Fruit salad Milk	Taco Seasoned pinto beans Corn Sherbet Milk (lettuce/cheese/salsa)	Chicken cordon bleu Mashed potatoes (LOD) Green beans Garlic breadstick Peaches Milk (gravy)
Spaghetti with meatballs Green beans Garlic breadstick Seasonal fruit Milk	Sonoran bacon-wrapped hotdog on bun (seasoned pinto beans/sautéed onions/ diced tomatoes/chopped onions) Corn chips Frosted cake Milk	Sloppy joe or corndog Twister fries Corn Fruit rollup Milk	Oven fried chicken Mashed potatoes (LOD) Mixed vegetables Frozen treat Milk (gravy)	Green chili bean & cheese burrito Corn Spanish rice Milk (lettuce/salsa)	Pork & vegetable eggroll or Chicken eggroll Fried rice Orange slaw Fortune cookie Milk (sweet & sour sauce/soy sauce)	Beef slider Twister fires Corn on the cob Strawberry gushers Milk



SALAD BAR
available during lunch and supper

- ♦ 1% and fat-free milk offered at every meal
- ♦ fat-free chocolate milk will be offered at lunch and supper every Tuesday and Thursday
- ♦ fat-free strawberry milk may be offered occasionally

Criteria for a meal to be reimbursable:

- ⇒ **Must have 3 components (one component must be fruit or vegetable) at breakfast**
- ⇒ **Must take the fruit or vegetable component and 2 other components from 5 different components (food groupings) at lunch**

Breakfast: 6:45-7:45am Monday-Friday
Lunch: 11:30am-1:10pm Monday-Thursday Supper: 4:30-6:00pm Monday-Thursday
11:30am-1:00pm Friday 4:30-5:30pm Friday
Saturday & Sunday Lunch: 12:15-1:15pm Saturday & Sunday Supper: 4:45-5:45pm

If you have questions about this menu, please call the Food Service Department at 520.770.3696 or send an email to jeanne.foster@asdb.az.gov

The US Department of Agriculture prohibits discrimination in the operation of the Child Nutrition Programs on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call toll free 866.632.9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800.877.8339 or 800.845.6136 (Spanish).